



# ZUCCHINI SLICE

Preparation time: 30 minutes

Suitable to be frozen

Serves 6 as a meal,

2 large zucchini

2 large carrots

1 large onion

220g sweet corn kernels

2 rashers of lean bacon, finely chopped

$\frac{1}{2}$  cup grated cheese

4 eggs

1 cup self-raising flour

1. Coarsely grate the zucchini, carrots and onion
2. Combine all ingredients in a large bowl.
3. Press into a lightly greased lasagna dish.
4. Bake in a hot oven (200°C) for 1 hour.
5. Allow to cool.
6. Cut into large squares to serve as a hot meal or smaller squares for the lunchbox.